



**Newcomers start here ...**

# **Am I powerless over alcohol?**

**A workshop on Step One so  
you can answer that question  
for yourself.**

## **Sunday Steps Studio**

# **Step One**

The Sunday Steps Studios are series of visual workshop presented live online by experienced Melbourne AA members Chris and David. Each workshop goes for around 75 minutes.

This workshop is a simple overview of the first step using readings from the Big Book of Alcoholics Anonymous.

For newcomers it's an introduction to AA's twelve step program. And for older members, it's a refresher on how to keep the program simple when carrying the message on to others.

## **14<sup>th</sup> March 2021**

## **2:00pm AEDT**

## **Join via Zoom ID 415 776 321**

[Join Zoom Meeting](#)